



Chart your course to graduation and sail to success!

## KINESIOLOGY - EXERCISE SCIENCE **CTE Short-Term Certificate**

Meet with your advisor before registering.

Wellness and Personal Trainer CTE Short Certificate	Hours	Grade
BIO 201 Anatomy and Physiology I	4	
HED 226 Wellness	3	
HED 231 First Aid	3	
HED 232 Care and Prevention of Athletic Injuries	3	
PED 105 Personal Fitness	1	
PED 223 Methods of Instruction	3	
PED 224 Principles of Nutrition	3	
MAT 101 Medical Terminology	3	
CREDIT HOUR TOTAL	23	